



Cindy Myers, PT, DHSc, CEASII, TPS (Therapeutic Pain Specialist)

Certifications:

- Ergonomic Analysis Specialist level 2 (CEASII)
- Mindfulness Instructor (ACIML)
- Therapeutic Pain Specialist (TPS)
- Augmented Soft Tissue Mobilization (ASTYM) Certified

Education:

- BS in Biology from Wheaton College
- MS in Physical Therapy from University of Indianapolis
- DHSc in Health Science with focus on clinical communication

Professional Interests:

- Stress Management/Emotional Fitness
- Nerve injury and irritation
- Chronic health conditions and persistent pain
- TMJ and facial rehab
- Clinical communication

Personal Interests

- Traveling with my husband and family
- Spending time with our grandchildren
- Sewing and crocheting
- Hanging out with my miniature parrot Gizmo